



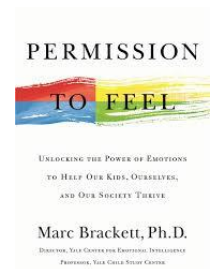
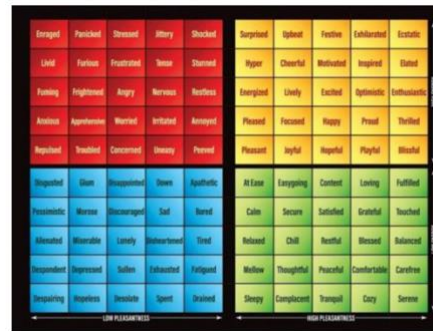
**A message from Justin Paredes...**

Dear History-Social Science Family,

As we brave through our current challenges in education and throughout the world, I invite you to take a few minutes today to do a mindful breathing exercise that I have found helpful. Find a comfortable posture. Let your eyes close or look down. Attend to your breath. Put a gentle smile on your face. Count your breaths.

Focus on an image (such as waves crashing onto a shoreline). Repeat a phrase (in, out; deep, slow; calm, ease; smile, release). Follow these steps for a few minutes. Do you feel better?

I learned this exercise from Dr. Marc Brackett, Director of the Yale Center for Emotional Intelligence and author of *Permission to Feel*. Dr. Brackett is also known for his mood meter work. I share his research because “Maslow before Bloom” is a phrase that has been repeatedly swimming through my mind. Many of our students’ basic needs (food, sleep, safety, health) are under threat. Many of our family members and friends endure similar challenges. These are not new struggles - Maslow’s hierarchy of needs has been in our education sphere for decades. But I go back to this research because “Maslow before Bloom” feels as relevant as ever.



Teachers, in our hearts, we provide for others. Today’s challenges can be overwhelming. So I ask you to give yourself grace. Be kind to yourself, so you can give that kindness to your students. While I remain a self-identified history nerd, we can save this learning for another day. Let’s start today by learning how we can help ourselves and our loved ones.

I look forward to a tomorrow when we can, with much anticipation and excitement, share laughs about the history of distance learning and our experiences as primary sources during this period in time. Happily exchanging our stories of how we passed the days, weeks, and months of staying at home. There will be a tomorrow when we are sitting in the same space, across the same table, joyfully present in the same classroom.

*Justin Paredes*

**HIGHLIGHT**

**Free resources available to parents and teachers!**

In an effort to assist parents and teachers who are seeking alternative ways to continue the education of their children during these trying times, TCOE has created a website of **free distance learning resources**. There are many grade level-specific categories in a variety of content levels to choose from. Also included are resources for student social/emotional learning – all in an easy-to-navigate format. Parents and educators are encouraged to visit the site frequently as new resources will be added on an ongoing basis. Please feel free to share the link with others who may benefit from these resources.



Visit [tcoe.org/DistanceLearning](https://tcoe.org/DistanceLearning) to learn more.

## CENSUS 2020 CURRICULUM

### Have you seen the *Count Me In! Census 2020* curriculum?



The 2020 Census is one of the most important events for our country this year. Federal funding allocations for everything from education to social programs to roads and infrastructure are made based on the census count. It is critical that we do all we can to ensure a complete count in the 2020 Census. With support from the California Complete Count Census 2020 Office, and in partnership with the Los Angeles County Office of Education and Sacramento County Office of Education, a series of inquiry modules about the Census at the 5th, 8th, 11th, and 12th grade levels was created. Due to the COVID-19 pandemic, the US Census Bureau has extended the self-reporting period to October 31 – providing you with opportunity to use these modules this fall.

Visit <https://commoncore.tcoe.org/social-studies/census-curriculum> to access the **free** *Count Me In!* curriculum modules and webinar trainings. Together we can do our part to ensure that Census 2020 will be the most accurate one in California's history.

## TCOE CHAT WITH A CONSULTANT

Educational Resource Services is pleased to offer office hours for our Tulare County educators. This will be an opportunity to interact with our consulting team and network with other educators as we navigate the distance learning environment. We encourage you to share the attached flyer with educators in your district who may be interested in registering for these **FREE opportunities to learn together**.



To learn more, visit <https://bit.ly/TCOEOpenOffice>.

*Note: Our office hour schedule is updated every Friday afternoon and will continue this school year for the rest of May.*

## QUICK TIP VIDEOS

**Quick Tip:**

History-Social Science Content  
For Grades K-3

TCOE is proud to introduce Quick Tip Videos for educators, families, and students! You'll find these videos on our Distance Learning website, covering a wide variety of content areas over multiple grade levels, including History-Social Science! These short video segments highlight ways to introduce educationally-sound concepts to students in distance learning environments. Additional videos will be continually added to the site, so check back often!

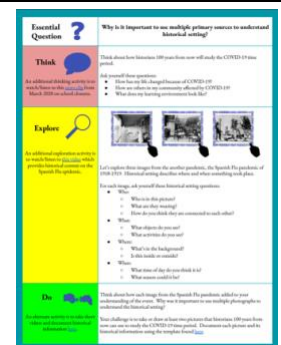
Visit our [quick tip website](#).

## DISTANCE LEARNING SAMPLE LESSON

### Looking for distance learning lesson ideas?

We are pleased to share this sample inquiry for historical setting. Students benefit from developing their disciplinary thinking skills in order to access content. This inquiry was created for students in grades 4-12 in order to support historical setting skills using an analysis of the Spanish Flu pandemic of 1918-1919. The lesson is available as an interactive inquiry using hyperlinks requiring technology, as well as a screen-free printable version.

Visit this [link](#) for the interactive lesson version.  
Visit this [link](#) for the screen-free lesson version.



## CALIFORNIA HISTORY-SOCIAL SCIENCE PROJECT (CHSSP)

Visit the CHSSP website for distance learning lesson plans, parent resources, and blog posts!

Click on the images below to access these great resources.

### Lessons for Home Schooling

In response to the COVID-19 pandemic, we've put together the following collection of resource for teachers and / or parents working with their own K-12 children. **Please review directions first before sharing any of these resources** with children, and note the following:

- Our **Parent's Guide** provides one-page summaries of what is traditionally taught in each grade level, as well as suggestions for the end of the school year.
- For those resources marked as **lessons**, you'll find step by step directions.
- Those resources marked as **primary source sets** are designed to be used in historical investigations where students are asked a question (included), and then through careful review of the evidence in the set, develop their own interpretations in response.
- Those resources marked as **Current Context** are designed to help students learn more about current events in the news. They include short readings and follow up questions.

### K-12 History-Social Science A Parent's Guide for California

By Beth Slutsky, Ph.D., Academic Coordinator

### Blog

#### Challenge Them One More Time

created May 17, 2020 12:56 PM



by Beth Slutsky and Nancy McTyigue Sherman Hutton is one of our most popular colleagues. Teachers have told us for years that they genuinely appreciate her sense of humor, her ...

Categories:

Tags: [distance learning](#), [Teaching California](#), [Distance learning](#), [COVID-19](#)



## NAEP

Have you seen the National Council for the Social Studies (NCSS) response to the 2018 administration of NAEP for Grade 8 – Civics, Geography, and U.S. History?

Click the image below to read more.



April 27, 2020

### NCSS Response to the NAEP 2018 Grade 8 Assessment Results in Civics, Geography, and U.S. History

Silver Spring, MD -- On Thursday, April 23, 2020, [results were released](#) from the 2018 administration of the National Assessment of Educational Progress (NAEP) Grade 8 Assessments in Civics, Geography, and U.S. History.

The percentage of Grade 8 students who demonstrated proficiency in content knowledge and skills was 24% in Civics, 25% in Geography, and 15% in U.S. History. Overall scores in 2018, while not significantly different from 2014, indicated an across-subject decline. Trends across years document stagnant scores in Civics with U.S. History and Geography scores falling to or below achievement levels of 2001 and 1994, respectively.

## RESOURCES

[CA Social Science Standards](#)

[CA 2016 HSS Framework](#)

[CA Statewide CLIC](#)

[TCOE HSS Common Core Connect](#)

[CDEHSS Updates](#)

[CHSSP](#)