

Transitional Kindergarten/Kindergarten LessonPlans



Focus:
Language Arts

Theme:
FOOD

Overall Learning Goal:

Communicate with others effectively

Common Core Standards:

Speaking and Listening K.1 Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.

- 1. a: Followed agreed upon rules for discussions (e.g., Listening to others and taking turns speaking about the topics and texts under discussion).*

Reference to Preschool Foundations (48-60 months):

1.2: Speak clearly enough to be understood by both familiar and unfamiliar adults and children.

Resources:

Whole Group Introduction:	Books
<p>Materials:</p> <p><u>Books</u>: use for instruction as well as adding books on food topics to library</p> <p><u>Picture Cards</u> of kitchen and food items; two sets one as teaching prop and the other for adding to the language area.</p> <p><u>Kitchen items</u> (spoon, fork, plate, cup, and or other items), add what is appropriate in the play house.</p> <p>Plastic fruits, vegetables, and other foods in the playhouse</p> <p>Variety of fruits and vegetables in science area</p> <p>Chartlet Rules for Good Listening (available from Teacher Paradise)</p>	<p>These are some books on food related topics</p> <p><u>The Surprise Garden</u> author Zoe Hall</p> <p><u>Chito Rodriguez Gomez- Baker</u> author Nan Walker</p> <p><u>A Feast For Ten</u> author Cathryn Falwell</p> <p><u>From Seed to Plant</u> (Rookie Read About Science) author Allan Fowler.</p> <p><u>Bread Comes to Life: A Garden of Wheat and a Loaf to Eat</u> author George Levenson</p> <p><u>Good Enough to Eat</u> author Lizzy Rockwell</p> <p><u>Green Grass and White Milk</u> author Alik</p> <p>Clarabelle <u>Making Milk and So Much More</u> by Cris Peterson</p> <p><u>The Shapes We Eat</u> (Rookie Read About Math) author Simone T. Ribke</p> <p><u>Growing Vegetable Soup</u> author Lois Ehlert</p> <p><u>Ten Apples Up On Top</u> author Theo. Lesieg and Roy Mckie</p> <p><u>If You Give a Moose a Muffin</u> author Laura Joffe Numeroff</p>

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Procedure:

With the children sitting in a group, talk about how it is better to have rules when we are talking.

Cover rules such as:

1. When someone is talking, it is your job to listen.
2. If the whole class is working on a job, we should raise our hand if we want to talk.
3. If it is an emergency and you need to talk when someone else is talking, you need to say excuse me.
4. Make eye contact when you are talking to someone.
5. Listen carefully when someone is talking so that they will know you are listening.
6. Use your inside voice.
7. Keep your hands on your lap.
8. Bring your thinking caps.
9. Feet are quiet.

Role play what a good listener looks like and how they would act.

Lesson: Taken from Little Treasures Unit 4 week one, recommended for the first trimester of school.

Lesson 1: use photos or actual items of a spoon, fork, plate, cup and or other kitchen items. Have children name the item and how it is used.

Discuss different foods and what utensil is best for eating that type of food, or is a utensil needed? Kitchen items used to prepare the different kinds of foods. Ask children what they have and use at home.

Expanding the lesson:

On following days expand by describing the different utensils and kitchen items, have children name the item and review how it is used.

Discuss different kinds of foods fruits, vegetables where and how they grow. Also what we need to do before preparing and eating food; wash hands, wash fruit and vegetables. As well as washing hands before we eat.

Discuss foods that need to be cooked before eaten (potatoes, corn) and those that can be eaten either way (carrots, broccoli...).

Discuss healthy nutrition.