

# Transitional Kindergarten Lesson Plans



With support from



Topic:

SOCIAL EMOTIONAL

## Learning Goal:

Students will explore and learn about their bodies.

## Preschool Foundations:

Social-Emotional: Self

1.1 Describe their physical characteristics, behavior, and abilities positively.

## Common Core Standards:

**SL K. 1:** Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.

**1. a:** Follow agreed upon rules for discussions (e.g., listening to others and taking turns speaking about the topics and texts under discussion).

## **ALL ABOUT ME: My Body**

### Whole group introduction

Materials:

Camera

Chart

Paper

Velcro

### **Procedure:**

Discuss the parts of the body and what each part can do. Encourage children to show you the parts as you discuss them. Ask children to imagine how things would be different if they didn't have that particular part of their bodies (i.e. eyes, hands, ears, etc.)

Take pictures of students pointing to each major body part. After printing photos, have student identify the part of the body and what its purpose is. Record their words.

On a labeled chart, have students match the photos with the body part words. (Use Velcro on the backs of the names and photos so kids can use as a matching game later.)

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## Another Look At Me

Materials:

Butcher paper

Markers

pencils

crayons

scraps of paper/magazine clippings

### Procedure:

Lay a piece of butcher paper on the floor that is a few inches longer than each child. Have the child lay down on the paper and strike a pose. Trace the perimeter of the child's body using a marker. Have the child draw and color/collage in their features and/or clothing. Ask them to point to specific parts of their body. Have word cards available for them to match parts to their outlines.

## Listen To Me

Materials:

Recording device

Procedure:

Have the students brainstorm ideas of noises they can make with their body parts such as clapping their hands, stomping their feet and snapping their fingers. Allow them to explore these noises.

Later, encourage them to choose 5 different sounds and put them in a sequence of their choosing. Choose one child do these sounds and have their peers repeat the process. Record the sounds made individually or in sequence. Play them back to the students. Have them determine what the sounds are and what body parts made those sounds.

Resource: <http://scienceforpreschoolers.com/>

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